

NOVEMBER 2020

Sun	Mon	Tue	Wed	Thu	Fri	Sat
1	2  What can a Recovery Coach do for me? 3:30-4:30 pm	3 Knitting 101 1-3 pm	4 Hump Day Social 4:30-5:30 pm 	5 Women's Rap 11-12 pm 	6 Java Drop-In 10-11 am 	7
8	9 LGBTQIA 1-2 pm  Christmas Ornament Making 5-6:30 pm	10 Knitting 101 1-3 pm Family Support Group 4:30-5:30 pm 	11  VETERANS DAY	12  Women's Rap 11-12 pm Men's Group 5:30-7 pm  Advisory Board 5:30-6:30 pm 	13 Java Drop-In 10-11 am 	14
15	16 Paint & Chip 5:30-7:30 pm	17 Knitting 101 1-3 pm FOR-Albany 5:30-7 pm	18  Hump Day Social 4:30-5:30 pm Open Mic 5:30-7 pm	19 Women's Rap 11-12 pm 	20 Java Drop-In 10-11 am Christmas Ornament Making 11-12 pm 	21
22	23	24 Knitting 101 1-3 pm Family Support Group 4:30-5:30 pm 	25  What can a Recovery Coach do for me? 3:30-4:30 pm Hump Day Social 4:30-5:30 pm 	26  Happy Thanksgiving	27	28

29
30
GRASP
6-7:30 pm

In order meet COVID-19 guidelines, registration for all activities is required. Please call the office at 518-489-1929 or email Chris@SCOAlbany.com to register.

 Signifies a group is available in-person & via ZOOM! ZOOM number provided after registered.

What Can a Recovery Coach do for me?
Come learn more about Recovery Coaching and services offered by Second Chance Opportunities

Knitting 101: New and experienced knitters welcome!

Hump Day Social: Come in and socialize with new and old friends!

Women's Rap: A safe place for women in recovery to support one another.

Java Drop-in: Casual coffee hour! All are welcome.

LGBTQIA: Recovery support meeting for members of the LGBTQIA community.

Christmas Ornament Making: Come make a holiday ornament to decorate your home or gift to a friend!

Family Support Group: A group made of siblings, children, significant others and parents experiencing any phase of substance use disorder with a loved one.

Men's Group: A peer group of men in recovery providing one another with support.

Advisory Board: For more information or to join email Chris@SCOAlbany.com

Paint and Chip: Free guided painting session

FOR-Albany Meeting: Albany Counties' Local Advocacy Group, advocating for what the recovery community needs.

Open Mic: An opportunity to perform live or enjoy some live entertainment!

GRASP: Grief Recovery After Substance Passing registration required, email capitaldistrictgrasp@gmail.com



The Recovery Center calendar is a “live” document that is always changing and being updated. Please check www.SCOAlbany.com for the most up-to-date version.

Hours:

Monday	8-5:30
Tuesday	8-5:30
Wednesday	8-5:30
Thursday	8-5:30
Friday	8-5:30
Saturday	Closed
Sunday	Closed

Other hours as indicated on the calendar

*Bridging the gap
between treatment
and recovery.*

Available Services Include:

**Recovery
Coaching**

EMPLOYMENT
ASSISTANCE

Membership

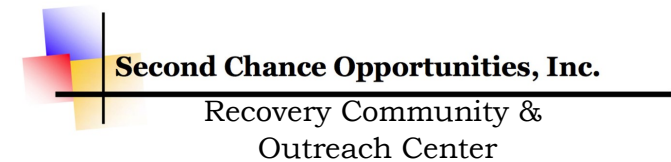
Support

Referrals

SOBER SOCIAL EVENTS

...and much much more!

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*Visit our website:
www.scoalbany.com*